



LASSEN COUNTY

Health and Social Services Department

■ **HSS Administration**

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□ **Grants & Loans Division**

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(530) 251-2683

□ **Behavioral Health**

555 Hospital Lane
Susanville, CA 96130
(530) 251-8108 / 8112
Chestnut Annex
1400-A & B Chestnut Street
Susanville, CA 96130
(530) 251-8112

□ **Patients' Rights Advocate**

1616 Chestnut Street
Susanville, CA 96130
(530) 251-8322

□ **Public Health**

1445 Paul Bunyan Road
Susanville, CA 96130
(530) 251-8183

□ **Environmental Health**

1445 Paul Bunyan Road
Susanville, CA 96130
(530) 251-8183

□ **Public Guardian**

720-A Richmond Road
Susanville, CA 96130
(530) 251-8337

□ **Community Social Services**

Lassen WORKS

P. O. Box 1359
720 Richmond Road
Susanville, CA 96130
(530) 251-8152

Business & Career Network

1616 Chestnut Street
Susanville, CA 96130
(530) 257-5057

Child & Family Services

1445 Paul Bunyan Road
Susanville, CA 96130
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Adult Services

720 Richmond Road
Susanville, CA 96130
(530) 251-8158

□ **HSS Fiscal**

P. O. Box 1180
Susanville, CA 96130

Date: April 27, 2017

To: Aaron Albaugh, Chair
Lassen County Board of Supervisors

From: Melody Brawley, Director
Health & Social Services *M Brawley*

Subject: Proclamation: Mental Health Matters Month, May 2017

Background:

Mental Health Matters Month is part of the nationwide effort in the month of May to reduce the stigma and discrimination surrounding mental health challenges and increase awareness of tools and resources to prevent mental illness and reduce the symptoms.

Fiscal Impact:

None.

Action Requested:

Adopt the Proclamation declaring May, 2017, Mental Health Matters Month in Lassen County.





PROCLAMATION

Mental Health Matters Month

May, 2016

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, mental illnesses are real and prevalent in our nation, and half of us will have a mental health diagnosis at some point in our lives; and

WHEREAS, all Americans experience times of difficulty and stress in their lives, and should feel comfortable in seeking help and support to manage these times; and

WHEREAS, engaging in prevention, early identification, and early intervention are as effective in reducing the burden of mental illnesses as they are in reducing the burden of other chronic conditions; and

WHEREAS, with effective treatment, all individuals with mental illnesses—even serious mental illnesses—can make progress toward recovery and lead full, productive lives; and

WHEREAS, ***Mental Health Matters Month*** is part of the nationwide effort to reduce the stigma and discrimination surrounding mental health challenges and increase awareness of tools and resources to prevent mental illness and reduce the symptoms; and

WHEREAS, California's behavioral health system and organizations such as the Lassen Aurora Network and NAMI (National Alliance for Mental Illness) empower people living with mental health challenges and their families to break down stigma and reduce discrimination associated with mental illness;

NOW THEREFORE BE IT RESOLVED that the Board of Supervisors of the County of Lassen, State of California, does hereby proclaim May, 2017 to be ***Mental Health Matters Month*** and calls upon the community to observe this month by wearing the green ribbons supporting the elimination of the stigma associated with mental illness and becoming informed about the resources available to help people improve their mental wellness.

The foregoing Proclamation was duly adopted at a regular meeting of the Board of Supervisors of the County of Lassen, State of California held in Susanville on the 9th day of May, 2017.

Supervisor AARON ALBAUGH, District 4
Chairman of the Board of Supervisors

Supervisor CHRIS GALLAGHER, District 1

Supervisor JEFF HEMPHILL, District 3

Supervisor DAVID TEETER, District 2

Supervisor TOM HAMMOND, District 5